

# June 2023

## Lillooet ParticipACTION Community Challenge Event Calendar



### June 2023 is ParticipACTION Community Challenge month at the Lillooet & District REC Centre

We encourage all residents of Lillooet and surrounding areas to join the ParticipACTION Community Better Challenge and help crown Lillooet Canada's most active community!  
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Thursday  
1

#### Yoga Jam!

**Lillooet REC Centre Lawn**  
• 7:30-9:00pm

Kick off the ParticipACTION Community Challenge with free yoga classes on the lawn. Bring your own mat & props. We will log the minutes for the group.

Friday  
2

#### Aquatic Fitness Circuit

Lillooet REC Centre Pool

- 3:30-4:30pm FREE

#### Lillooet REC Centre

- 3:00-5:00PM FREE drop-in gym sports.

#### Lillooet Friendship Centre activities 3:30-9:00pm

- 3:30-5:30pm FREE public swim
- 5:30-7:30pm FREE drop-in Pickleball
- 7:00-9:00pm The Emperor's Dance Party-FREE- in the Mezz.

Saturday  
3

#### Aquatic Fitness Circuit

Lillooet REC Centre Pool

- 10am-11am FREE

Tuesday  
6

#### Aquatic Fitness Circuit

Lillooet REC Centre Pool

- 1:00-2:00pm FREE

Friday  
9

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Saturday  
10

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Tuesday  
13

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Friday  
16

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Saturday  
17

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Lillooet REC Centre Pool

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Tuesday  
20

#### Aquatic Fitness Circuit

Lillooet REC Centre Pool

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Friday  
23

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24

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Tuesday  
27

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Friday  
30

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