



Pool Schedule May 2023

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00AM							
7:15AM							
7:30AM							
7:45AM							
8:00AM							
8:15AM							
8:30AM							
8:45AM							
9:00AM							
9:15AM							
9:30AM							
9:45AM							
10:00AM					10:00am Parent & Tot Swim	10:00am	10:00am Aquatic Fitness Circuit
10:15AM					11:00am	Lanes &	Drop-in 11:00am
10:30AM						Leisure	
10:45AM							
11:00AM			11:00am	11:00am	11:00am		11:00am Lanes & Leisure
11:15AM			Lanes & Leisure	Lanes & Leisure	Lanes & Leisure		12:00pm Closed
11:30AM							
11:45AM							
12:00PM							12:00pm Public Swim
12:15PM							
12:30PM							
12:45 PM			1:00pm	1:00pm	1:00pm		
1:00 PM			1:00pm Aquatic Fit Circuit	Closed	Closed		
1:15 PM							
1:30 PM							
1:45 PM			2:00pm				2:00pm Closed
2:00 PM			Closed				
2:15 PM							
2:30 PM							
2:45 PM						3:30pm Aquatic Fit Circuit	
3:00 PM						4:30pm	
3:15 PM							
3:30 PM				3:30pm	3:30pm	3:30pm	
3:45 PM				Public Swim	Public Swim	Public Swim	
4:00 PM							
4:15 PM							
4:30 PM							
4:45 PM							
5:00 PM							
5:15 PM							
5:30 PM				5:30pm	5:30pm	5:30pm	
5:45 PM				5:30pm	5:30pm	5:30PM	
6:00 PM				Lanes & Leisure	Lanes & Leisure	Lanes & Leisure	
6:15 PM							
6:30 PM				6:30pm		6:30pm	
6:45 PM							
7:00 PM				Closed		Closed	
7:15 PM					7:30pm		
7:30 PM					Closed		
7:45 PM							
8:00 PM							
8:15 PM							

Admission Policy: Children 6 years of age or under must always be accompanied in the water and remain within arm's reach of a parent or responsible person 16 years of age or older.

Ratio of children 6 years or under to adult must be no greater than three to one.

Payment: Evenings after 5:30pm and weekends please pay lifeguard on pool deck, **cash only**. Passholders please inform lifeguard.

Weekdays until 5:30pm please pay at the office, all payment types accepted.

SWIM & PROGRAM TYPES:

Parent & Tot Swim: For parents & preschool-age children.

Lanes & Leisure: This is a quiet swim with space for lap swimming, water walking, exercise and casual swimming. Diving board and slide are closed.

Public Swim: Diving board, slide and rope available. Up to 2 lap lanes available at lifeguard's discretion. Children under 7yrs must be accompanied into the water by a responsible adult age 16+ and stay within arm's length reach.

Lane Swim: The pool is divided into 6 lanes, 2 lanes each for casual, slow and medium lane swimming. Swimmers are responsible for choosing

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Lilloet Rec Centre Swimming Pool