



# Interior Health

January 11, 2021

## **COVID-19 update – Lillooet and area – increased activity**

Interior Health has identified increased COVID-19 activity in the Lillooet and surrounding region and reminds all residents to maintain and strengthen your efforts to prevent community transmission.

Social gatherings are the primary source identified for the recent spread of cases, which is why it is crucial that everyone follow the public health advice to limit social interactions to your own households only.

All residents and businesses are also reminded of the importance of people staying home if they have any symptoms and going for a test if their symptoms meet the criteria for testing.

We want everyone to be aware that COVID-19 is circulating throughout the province and everyone must practice prevention to protect themselves and their loved ones. For more information, the BCCDC is a trusted source of information: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/data>

Interior Health is grateful to local leaders for their support as we work closely together to remind everyone not to stigmatize or judge others who have symptoms, seek testing, or test positive for COVID-19.

Everyone in all communities needs to prevent COVID-19, please:

- Keep to your household bubbles and avoid social gatherings.
- Stay home when you are sick and get tested if you have any symptoms consistent with COVID-19.
- Practise physical distancing and use a mask in indoor spaces.
- Wash your hands often.

Booking a COVID-19 test:

Online: You can book an appointment online through the COVID-19 Test Booking Form: <https://interiorhealthcovid.secureform.ca/index.php>

By phone: Call the COVID-19 Test Booking Line at 1-877-740-7747 for assistance with booking your test.